



## Arizona Board of Osteopathic Examiners In Medicine and Surgery

9535 E. Doubletree Ranch Road, Scottsdale, AZ 85258

Ph : 480-657-7703 | Fx: 480-657-7715 | [www.azdo.gov](http://www.azdo.gov) | [questions@azdo.gov](mailto:questions@azdo.gov)

### CONTINUING MEDICAL EDUCATION FAQ: What is Category 1-A and Category 1?

*The Arizona Board of Osteopathic Examiners in Medicine and Surgery does not approve CME. We accept various categories of CME that are approved by AOA or AMA.*

*The information in this FAQ was obtained from the AOA and AMA CME Guides. For more detailed information about CME, visit the AOA ([osteopathic.org](http://osteopathic.org)) and the AMA ([ama-assn.org](http://ama-assn.org)) websites.*

As an Arizona licensed D.O. regardless of your specialty, board certification or state in which you currently reside, Arizona requires that you attend forty (40) hours of CME per renewal cycle. CME must include at least twenty-four (24) hours of Category 1-A activities sponsored by an AOA accredited sponsor. The balance of sixteen (16) may consist of any category of CME, including CME activities sponsored by an accredited AMA or ACCME provider and certified by the accredited provider as AMA PRA Category 1 credit.

For more information regarding license renewal requirements, see the License Renewal & CME FAQ at [www.azdo.gov](http://www.azdo.gov).

#### 1. WHAT IS AOA CATEGORY 1-A?

**Answer:** Continuing medical education activities sponsored by an AOA accredited Category 1 CME sponsor and are limited to the following. For further details, see AOA's CME Guide.

- Formal Osteopathic CME: formal, face-to-face programs or interactive online sponsored by an AOA accredited sponsor

**Documentation:** AOA CME Activity Report which states licensee's name, the CME activity name, the date it was completed, the number of Category 1-A hours granted and name of the AOA accredited sponsor; OR participation certificate which states the same information. Interactive online CME is granted up to 15 credits of Category 1-A per AOA three (3) year CME cycle.

- Osteopathic Medical Teaching / Grand Rounds

**Documentation:** Copy of AOA approval letter AND copy of submission for credit sent by CME Department of AOA accredited College of Osteopathic Medicine or sponsoring hospital that submitted the hours / faculty names.

- Standardized Federal Aviation Courses / Federal Programs

**Documentation:** Certificate of completion of FAA "Aviation Medicine" course or US Armed Services "Flight Surgeon Primary Course" OR certifications of completion of formal, face-to-face courses AND documentation that physician was on active duty or employed by a uniformed service during the time the course was completed.

- Judging Osteopathic Clinical Case Presentations and Research Poster Presentations

**Documentation:** Certificate/letter from AOA sponsor of hours awarded for this activity including name of sponsor and formal CME function at which judging occurred up to a maximum of ten (10) 1-A credits per AOA three (3) year CME cycle.

- Standardized Life Support Classes (ALS)

**Documentation:** Certificate of completion and /or signed and dated wallet card. Refer to the CME Guide at the American Osteopathic Association website ([www.osteopathic.org](http://www.osteopathic.org)) for the eligible course names and hours of credit awarded for each up to a maximum eight (8) 1-A credits per AOA three (3) year CME cycle.

## 2. WHAT IS AMA /PRA CATEGORY 1?

**Answer:** Continuing medical education activities sponsored by an accredited AMA or ACCME provider and certified by the accredited provider as AMA PRA Category 1 credit.

- CME activities including face-to-face and online courses by an accredited AMA or ACCME sponsor

**Documentation:** The participation certificate states the licensee's name, the CME activity name, the date it was completed, the number of Category 1 hours granted and the name of the AMA or ACCME accredited sponsor.

## 3. I AM STILL IN POSTGRADUATE TRAINING. DO I NEED TO COMPLETE CME?

**Answer: No.** For each year you hold a full license and you have participated in an AOA or ACGME accredited postgraduate training program (PGT), you may substitute that PGT for twenty (20) CME hours.

- Accredited Postgraduate Training substitutes for CME each year you are in training

**Documentation:** If your license application was approved between January 2 and July 1 of the current year, you will need to submit a letter from the Director of Medical Education or a copy of your certificate of completion for the approved postgraduate training or preceptorship. If your license application was approved after July 1 of the current year, we have documentation of your postgraduate training in your license file.